



Berkhamsted Gymnastics Club

Health & Safety Agreement GYMNASTS & PARENTS

I acknowledge the rules and procedures that Berkhamsted Gymnastics Club have set out to keep everybody safe due to COVID-19. I commit to read and understand the new policies and procedures which have been amended and sent to me via email and made available on the club's website. I will follow the instructions outlined below and detailed in the information sent out, and understand that failure to do so could result in my place being terminated.

- ✓ I must only attend if I am fit and well. I will NOT attend if I am displaying any of the COVID symptoms.
- ✓ I understand that if I am late, I will not be able to attend my class.
- ✓ My parent/guardian must stay with me until I am allowed into the gym.
- ✓ I must arrive ready to start gymnastics and understand there are no changing facilities.
- ✓ I will wear shoes such as crocs or sliders that can be easily removed and will be taken away by my parents.
- ✓ I am responsible for my water bottle which must be labelled and I understand that if I leave it behind it will be thrown away.
- ✓ I understand the toilets will be out of use.
- ✓ I agree to have my temperature checked when I arrive.
- ✓ I understand that I will have to sanitise my hands on entering, between stations and when leaving the gym.
- ✓ I will listen to instructions given to me by the coaches and will follow them.
- ✓ I will only use the equipment laid out for me and will not go on at the same time as another gymnast.
- ✓ If I have any problems or concerns, I will inform the coach.
- ✓ I understand that due to social distancing my parent/guardian will stay in the car until the end of the session.
- ✓ I understand that if I don't follow the rules, I will not be allowed to take part

Signed by Gymnast: _____

Print Name: _____ Date signed Gymnast: _____

Signed by Parent: _____