

Response & Feedback from Survey – Gymnasts

<u>What are you most concerned about –</u>	<u>ANSWERS / ACTIONING</u>
<ul style="list-style-type: none"> Cleanliness /Hygiene 	<ul style="list-style-type: none"> Cleaning procedures are in place
<ul style="list-style-type: none"> Entering / exiting 	<ul style="list-style-type: none"> The use of the fire exit to leave
<ul style="list-style-type: none"> Enclosed environment / small environment 	<ul style="list-style-type: none"> Reduction of class sizes and numbers in the building
<ul style="list-style-type: none"> Space & social distancing 	<ul style="list-style-type: none"> Areas will be marked out for gymnasts' coaches for distancing
<ul style="list-style-type: none"> Multiple use of equipment 	<ul style="list-style-type: none"> No sharing
<ul style="list-style-type: none"> Members stick to strict guidance 	<ul style="list-style-type: none"> Must sign an agreement that they understand, strictness by coaches
<ul style="list-style-type: none"> Lack of fresh air 	<ul style="list-style-type: none"> Fire doors will be left open
<ul style="list-style-type: none"> Break between last session – skills lost 	<ul style="list-style-type: none"> Will only be allowed to work basic skills
<ul style="list-style-type: none"> How to support with no touch 	<ul style="list-style-type: none"> Only work skills which they can safely achieve on their own (badges)
<ul style="list-style-type: none"> Future outbreaks 	<ul style="list-style-type: none"> Work together and communicate illnesses
<ul style="list-style-type: none"> Infection 	<ul style="list-style-type: none"> We will do the most we can do to control infections into our club

<u>What processes should be in place –</u>	<u>ANSWERS / ACTIONING</u>
<ul style="list-style-type: none"> Social distancing 	<ul style="list-style-type: none"> Social distancing marks will be on the floor to help with space
<ul style="list-style-type: none"> Full & thorough deep cleaning of gym 	<ul style="list-style-type: none"> Deep cleaning of the gym regularly and clean before and after each session
<ul style="list-style-type: none"> Cleaning of equipment 	<ul style="list-style-type: none"> Equipment will be cleaned when we first come in, and between each session
<ul style="list-style-type: none"> Smaller groups 	<ul style="list-style-type: none"> Working in small bubbles with a coach
<ul style="list-style-type: none"> Waiting room to small 	<ul style="list-style-type: none"> The waiting room will be out of use
<ul style="list-style-type: none"> Bubbles 	<ul style="list-style-type: none"> Bubbles with the same gymnasts and coach
<ul style="list-style-type: none"> Better arrangements for drop off & pick up 	<ul style="list-style-type: none"> Reception/wating room for drop off / pick up the side fire exit will be used
<ul style="list-style-type: none"> Staggered classes 	<ul style="list-style-type: none"> Classes will be 45mins long to enable a clean on equipment
<ul style="list-style-type: none"> Strict no entry to anyone with symptoms 	<ul style="list-style-type: none"> Parents, gymnasts, coaches, and staff to sign an agreement regarding the importance of informing us about symptoms and they must not attend
<ul style="list-style-type: none"> Same coaches in bubbles 	<ul style="list-style-type: none"> The same coach will be working with the same bubble every session unless the coach is unable to attend then another will fill in for that session
<ul style="list-style-type: none"> Sharing of equipment 	<ul style="list-style-type: none"> Where at all possible no one will be sharing equipment. If large equipment does need to be shared, then it will be cleaned before the next gymnast uses it.
<ul style="list-style-type: none"> No waiting before & after classes 	<ul style="list-style-type: none"> All parents/guardians will be asked to wait in their cars during the duration of their child(ren) class. We will have markers on the floor outside the gym club for you to follow for social distancing when arriving and leaving there is no viewing
<ul style="list-style-type: none"> Shelter/gazebo 	<ul style="list-style-type: none"> We will investigate this; our concern is that it will have to be put up and taken down before and after each session as the school will not allow this to stay up
<ul style="list-style-type: none"> Parents to sign an agreement on enrolment that they will advise immediately of any symptoms in the family to protect gymnasts' bubbles at school and gym enabling us to contact and advise parents 	<ul style="list-style-type: none"> On acceptance of your child(ren) space we will request that you sign our agreement
<ul style="list-style-type: none"> To be informed of our processes and what we are doing before we think about going back 	<ul style="list-style-type: none"> Sending out a letter regarding a process so far. A further procedure will be emailed to everyone with a short video on how we expect everybody to follow the procedure and guidelines.

<u>What information would you like to know –</u>	<u>ANSWERS / ACTIONING</u>
<ul style="list-style-type: none"> Need to inform parents of safety measures 	<ul style="list-style-type: none"> Sending out a letter regarding a process so far. A further procedure will be emailed to everyone with a short video on

	<p>how we expect everybody to follow the procedure and guidelines.</p>
<ul style="list-style-type: none"> • Class sizes and changes 	<ul style="list-style-type: none"> • Will be small bubbles plus coach until we can increase bubbles which still enables us to keep the distance
<ul style="list-style-type: none"> • Bubbles 	<ul style="list-style-type: none"> • Will be a maximum of 4 gymnasts plus coach until we are allowed to increase each bubble safety and keeping social distance
<ul style="list-style-type: none"> • Drop off and collection 	<ul style="list-style-type: none"> • Drop off will be at the reception door, children will have temperature, hand sanitizer and register. Only the gymnast will enter the gym. Collection will be at the side fire exit door and gymnasts will be directed to leave when a parent/guardian is outside.
<ul style="list-style-type: none"> • What the sessions will be working on as skills will have been lost and the lack of equipment, we are able to use 	<ul style="list-style-type: none"> • Due to the lack of classes over the past 4 months we are aware that gymnasts would have lost strength, flexibility, stamina therefore leading to skills lost. We will be working on the above to condition them and working on basic skills which they would have lost. We understand that gymnasts may find this as a backward step, but they do need to be reassured from us and parents that basic skills which are practised and consistently worked on improves the speed of progressing. We will work their skills to enable them to reach where they were when we had to close. Unfortunately, as we are unable to support/touch now higher-level skills which they were working towards will not happen at this present time.
<ul style="list-style-type: none"> • Temperature control 	<ul style="list-style-type: none"> • Temperatures will be taken on everyone who enters the gym and if it is above 37.9 degrees, they will not be allowed to attend
<ul style="list-style-type: none"> • No entry to anyone with symptoms 	<ul style="list-style-type: none"> • Definitely no one will be allowed to enter the gym if they have any symptoms of COVID. We ask parents to not bring your child(ren) if there are any signs of the symptoms within your household.
<ul style="list-style-type: none"> • Avoid overcrowding in reception 	<ul style="list-style-type: none"> • The reception area will be closed.
<ul style="list-style-type: none"> • Implementing social distancing 	<ul style="list-style-type: none"> • We have measured out the social distancing outside and inside the gym to keep everyone safe
<ul style="list-style-type: none"> • How we are managing cleaning 	<ul style="list-style-type: none"> • We have a contract cleaning company who will come in regularly to complete a through clean. Berkhamsted Gymnastics coaches will be cleaning before after and during each session
<ul style="list-style-type: none"> • Are squads continuing 	<ul style="list-style-type: none"> • We are planning for their return working on the conditioning, flexibility, strength first working towards the skills they were able to complete without hands on before we went into lockdown.