



Berkhamsted Gymnastics Club
January & February 2021



Newsletter



Positive thinking

We are so disappointed that we could not return to the club and miss coaching our gymnasts. We must stay safe and follow all the government guidelines and pray that we will be back soon.



British Gymnastics have given all clubs support and guidance to run zoom sessions. Although this is not quite the gymnastics sessions, we are all used to, it does enable gymnasts to keep in contact with the other members and take part in conditioning and flexibility which helps build confidence and knowledge for when we return.

Our sessions have been going well for the last 3 weeks if you are interested to join and have not done so yet please contact **Bridget 07484115592** to book you space.

PANCAKE DAY Tuesday 16th February



We would like to try and keep in touch with you by involving as many gymnasts as possible to join in the fun.

It is pancake day on Tuesday 16th February and we would like to create a cookery board with photos of all our young gymnasts enjoying making, decorating, and eating your pancakes.

Why not try the pancake shapes, ask your parents to call out each shape one at a time and see how quickly you can get into this shape.



COMPETITION

Thanks to our new partnership with Milano, we're challenging you to get creative at home and design your very own gymnastics leotard!

You've got until 28th February to get your designs in! Our panel of expert judges will then pick one men's leotard design and one women's leotard design as the winners.

The winning leotard design will be created at Milano's factory and produced for Britain's best gymnasts to wear as a training leotard! What are you waiting for? Download the entry forms below and get creative. **Don't forget, you've got until 28th February to enter!** There are two ways to enter.

Email your designs to: marketingservices@british-gymnastics.org

Post your designs to;
British Gymnastics - design a leotard competition
Lilleshall National Sports Centre
Newport
TF10 9NB



enquiries@berkhamstedgymnastics.co.uk

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LoveAdmin

After many months of investigation, the Club has chosen to implement a new management information system called Love Admin.

This now allows us to take payments more easily from members (such as on a monthly and not termly basis) and improves the ease in which we take registrations and communicate to our members generally. It has also meant that we have been able to automate the administration function of the Club, which will be a huge timesaver for us in the future. One of the other contributing factors in choosing this system was that fact many other clubs and organisations successfully use Love Admin and have given positive feedback on the system and its benefits.

The Love Admin system is set up such that it requires members to input information online that then allows London & Zurich to collect payment on our behalf via direct debit. London & Zurich is a financial institution that specialises in providing direct debit and card payment collection services to all kinds of organisations helping ensure that payment is made with total efficiency and security. It is London & Zurich that will therefore hold the payment details of members and not Love Admin. Members will always receive an email notification a few days before payment can be made and payment should not be taken without notice. Unfortunately, the system is not set up to allow for payment to be made via credit/debit cards.

PRINTABLE
DOWNLOAD

Artistic Gymnastics WORD SEARCH

We've hidden 16 artistic gymnastics words in this word search. Think you can find them? Good luck!

Download this word search and take a picture before tagging British Gymnastics on social media!

R	S	S	D	L	S	R	P	F	L	S	Z	L	S	U
F	U	U	M	I	H	T	S	M	C	Y	T	E	M	O
X	W	G	T	W	S	J	I	I	S	M	L	O	H	M
U	B	P	T	A	P	M	P	L	A	B	U	T	J	M
D	N	O	A	S	R	M	O	S	P	N	A	A	I	P
R	B	M	Z	R	Y	A	T	U	E	S	V	R	O	P
A	G	M	F	L	Z	E	P	V	N	L	N	D	D	D
U	M	E	O	M	R	L	E	P	V	T	O	S	M	Y
G	X	L	A	S	U	N	R	I	A	F	L	O	O	R
D	F	H	C	L	B	C	H	A	M	P	I	O	N	C
N	U	O	V	A	T	L	U	A	S	R	E	M	O	S
A	Y	R	R	A	B	H	G	I	H	V	I	N	G	H
H	Q	S	P	U	P	E	T	L	F	U	Z	N	M	W
N	Y	E	M	U	N	Z	A	K	U	B	I	W	M	Q
S	K	Q	H	M	G	B	N	M	W	R	I	G	Q	N

APPARATUS	FLOOR	MASTERS	SOMERSAULT
BEAM	HANDGUARD	OLYMPICS	SPLITS
CHAMPION	HIGHBAR	POMMELHORSE	UNEVENBARS
DISMOUNT	LEOTARD	RINGS	VAULT

British
Gymnastics

#GymnastsAtHome



**Welfare
Officer**

CONTACT

Sarah Edwards – 07947 396630

Please do not attend if your child has been isolated or has any COVID related symptoms.



enquiries@berkhamstedgymnastics.co.uk