



Berkhamsted Gymnastics Club
June & July 2021



Newsletter



We are happy you announce that we will be running Summer Camps during the month of August. We will be teaching gymnastics skills, playing games, working as a team, and mainly having lots of fun. When they arrive a quick warm up game, following by gymnastics skills, with loads of laughter.

If you log into you LoveAdmin account, in the top left-hand corner there is a button for events. Clicking on this will open the dates we offer, once you have clicked on the day(s) payment will come out through the normal way monthly fees are taken.

Monday, Wednesday & Friday are gym camps for members and non-members.

Tuesday & Thursday will be camps for members who wish to work through their badge(s)



LoveAdmin

We thank all parents/guardians for signing up and paying for their child's gymnastics session. **Please remember not to turn off your pre-authorisation as we will take this as cancellation your child's class.**

Our fees have been worked out over the 38 weeks of training during the year, We do not run sessions on school holidays and half terms, to take this into account we will not request payment for the month of July or August.

On the 28th August we will request September fees

Grant money

We have been so lucky to be awarded a grant from Sport England – Return to Play. With the money we have already purchased equipment to help the children learn skills without contact.

We will be looking at Supporting HAPpy which is run by the same organisation to help children during holidays.



Preschool is back at Gossoms End, if you would like to sign up, please contact Bridget via email
membership@berkhamstedgymnastics.co.uk.

Classes currently run

Monday 9.30am – Independent 3-4 years
Monday 10.30pm – Parent & Toddler 2+

Prices £8



enquiries@berkhamstedgymnastics.co.uk

**IMPORTANT
NOTICE**

We have been asked to remind parents, carers or guardians when dropping of their child for the 4pm class during the week not to arrive before 3.45pm, children need to be already dress for the gymnastics and not use the gym changing rooms, once your child has been dropped off you must return back to your car and wait.

The reason is because we are on school premises and the school are still teaching. They have a duty of care and cannot have adults wondering around the school premises.

COACHES virtual assessments

It is always difficult to learn and show safe coaching without contact and physical support. With the guidance from British Gymnastics and Carina Brown who is our Training and Development manager, we have been able to mentor and build confidence with our coaches.

We are very proud of several coaches who have already had their video assessments and training virtually, with a professional discussion to still do we would like to thank all the gymnasts for helping their coaches to this point.



COVID

We have noticed an increase of cases going through schools, if your child has been told to isolate or has any COVID related symptoms

Please contact Bridget on 07484115592 and follow the 10 days isolation period.

BADGES

Our first Badge session since the lockdowns went well. Many children due to the long break have had to re-train skills and work strength, which means in some cases we have had to re-visit certain skills.

Badge testing will be a week before half term/ school holidays, this enables them to learn the skills which they need to work within their ability groups, leading to badge week. When it comes to assessing gymnasts, they should be able to show us the skill correctly and pass. If they pass their badge level we will inform you by email, you can then contact membership@berkhamstedgymnastics.co.uk and purchase their badge at a cost of £5 (for badge and certificate)



DIARY Dates

Where has this year gone!



Our last day before the summer holidays will be on Monday 26th July, this is to consider the Bank holiday we recently had.

We will be returning on Monday 6th September 2021.

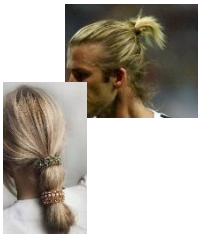
BULLYING

We have an antibully procedure at Berkhamsted Gymnastics and a Duty of Care to everyone who attends.

Please speak to your child about the importance of being kind. If you have any issues, please contact our Welfare officers at the club or alternatively speak to Sarah Edwards on 07947 396630 who will follow the correct procedure in dealing with any issue.

SAFETY in Gymnastics

Please could we ask that your child attends gymnastics with appropriate attire shorts, leggings, t-shirt (which can be tucked in) or leotard.



Also, could we please remind you that hair must be tied back and out of eyes on both girls and boys, due to covid we cannot put hair up, also any jewellery **must** be removed.

There are many pieces of equipment when used with long hair or jewellery can get caught, we follow the rules set out by British Gymnastics and our own policies, to ensure everybody is safe.

If your child arrives with an injury or tells us that they can not train because of an injury we will ask for you to collect them.

If your child requires an inhaler or Epi-Pen medication, they must bring this with them in a named bag. We require all their medical details kept up to date on their LoveAdmin account



HOT WEATHER

During the hot weather please make sure you child attends with a named water bottle.



Welfare Officer

CONTACT
Sarah Edwards
07947 396630



Sarah



Derek

A big Hello! from our welfare team.



Bridget



Petra



Kim

A BIG welcome to our Welfare Team, you can find them either at Ashlyns or Gossoms End if you need to contact them.